

NOVEMBER 2023



# MONTHLY NEWSLETTER

Official NDHOSA Newsletter - Happy Holidays!

## FLC Recap - An Amazing Conference

Late this September we held our annual FLC, and this year our conference was a smashing success. Lake Region College hosted our members and allowed us to show students their wide variety of nursing simulators. We had leadership breakout sessions for students to attend with each state officer and a presidential meeting for officers to plan their school years. After the conference we established our first two post secondary HOSA chapters in North Dakota, NDSU and Lake Region students have officially joined our community. UMary and UND have also expressed interest in our organization after FLC, and officers are planning for these students' attendance at SLC. Our total attendance to the conference this year was 277 members and advisors, which made this conference so successful. As part of a reflection, state officers and our state advisor have made plans to alter registration next year to differentiate local officers from local members. As a final note, the NDHOSA instagram page currently has a reflection poll available for members to take. We would love to hear your feedback on how we can improve for next year!

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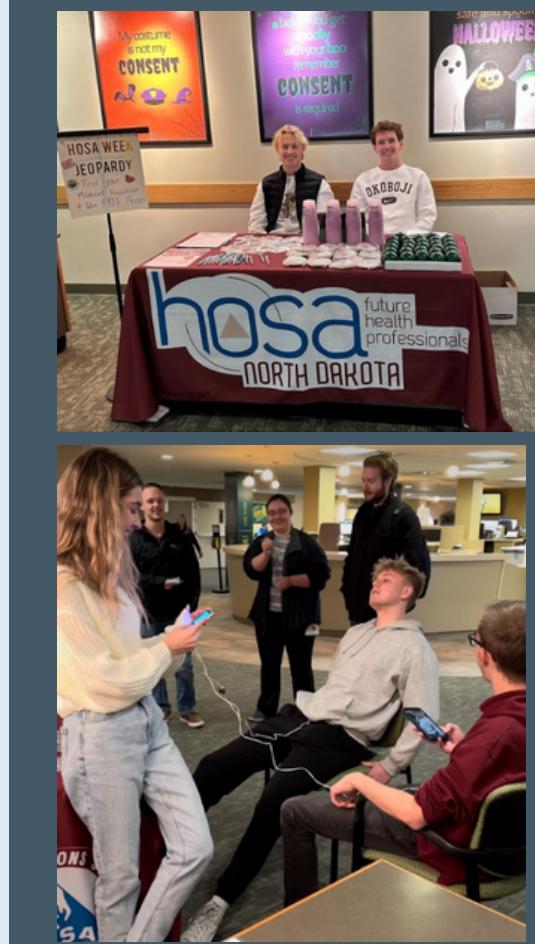


## Chapter Highlight: NDSU HOSA

### NATIONAL HOSA WEEK

This year for National HOSA Week, our featured chapter is NDSU HOSA. The recognition week is intended to raise awareness for HOSA and find new members, and NDSU did just that. They hosted a blood drive, had a period cramp simulator, had a student union table, and played HOSA jeopardy games.

These activities gained 10 active members and raised over \$500.



## Social Media Engagement Statistics

ASPEN SCHROEDER

### Engagement Standings:

- 1) BHS
- 2) CHS
- 3) LHS
- 4) Minot
- 5) Sheyenne

School HOSA accounts earn points based off of their engagement with the NDHOSA Instagram account.

Points are earned by: responding to the official NDHOSA story (+1), tagging NDHOSA on your school story (+2), and tagging NDHOSA in a post (+3)

## T-shirt/Pin Contest Information

### SUBMIT YOUR ENTRIES

HOSA member this year have the opportunity to design both the t-shirt and pin designs that NDHOSA will use in 2024. When chosen, the design will be featured on both the SLC T-shirt and pin, which will also make an appearance at ILC in Houston. T-shirt designs must include North Dakota and HOSA, and an element of our state you believe should be highlighted to our members. Pins must include North Dakota, HOSA, and have a medical theme. Both competitions allow for one submission per active HOSA member and can be digital or hand-drawn. The deadline for both competitions is January 1st, so we hope to see as many entries as we can!



REMINDER: FLC WILL BE IN BISMARCK, MARCH 24-26

**After an amazing FLC, our officers have started working on individual projects, growing our HOSA chapters, and preparing for SLC. We wish you all happy holidays!**