

THEME: SUICIDE PREVENTION

Fargo North



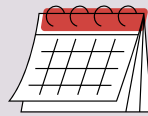
Social Media Contest

This year engagement is a competition. The chapter whose members are the most engaged on social media will be recognized at state.

BREAKING NEWS

Starting this year we will be holding quarterly North Dakota HOSA zoom meeting, where medical professionals from our community will speak about their experiences and address member's questions

Key Dates



September 30 (12 pm) - FLC registration deadline, please note that spots are limited so sign up asap
October 14 - FLC
October 15 - Affiliation deadline

WELCOME

to our new chapters this year. We look forward to having you on board...

Thompson High School
and
Horace High School

This year HOSA is
Going Beyond All Limits

SUICIDE PREVENTION ACTIVITIES

Positivity Posters

get together to make fun posters that have different mental health tips or posters that are a mental health check-in. Then at the end of this poster making session they can hang these up around the school

Mental Health Morning

a fun relaxing time for HOSA members where they can do different things to take care of their mental health like make a wellness plan



Penny War

Have each grade compete to see who can collect more pennies to donate, have a fun prize for the winner or just bragging rights!

