SEPTEMBER NEWSLETTER

THEME: SUICIDE PREVENTION

Fargo North

Social Media Contest
This year engagement is a competition. The chapter whose members are the most engaged on social media will be recognized at state.

Key Dates
September 30 (12 pm) - FLC registration deadline, please note that spots are limited so sign up asap
October 14 - FLC
October 15 - Affiliation deadline

WELCOME
to our new chapters this year. We look forward to having you on board...

Thompson High School
and
Horace High School

Positivity Posters
get together to make fun posters that have different mental health tips or posters that are a mental health check-in. Then at the end of this poster making session they can hang these up around the school.

Mental Health Morning
a fun relaxing time for HOSA members where they can do different things to take care of their mental health like make a wellness plan.

Penny War
Have each grade compete to see who can collect more pennies to donate, have a fun prize for the winner or just bragging rights!

This year HOSA is Going Beyond All Limits

SUICIDE PREVENTION ACTIVITIES

BREAKING NEWS

Starting this year we will be holding quarterly North Dakota HOSA zoom meeting, where medical professionals from our community will speak about their experiences and address member's questions.

SEPTEMBER NEWSLETTER

THEME: SUICIDE PREVENTION

Fargo North

Social Media Contest
This year engagement is a competition. The chapter whose members are the most engaged on social media will be recognized at state.

Key Dates
September 30 (12 pm) - FLC registration deadline, please note that spots are limited so sign up asap
October 14 - FLC
October 15 - Affiliation deadline

WELCOME
to our new chapters this year. We look forward to having you on board...

Thompson High School
and
Horace High School

Positivity Posters
get together to make fun posters that have different mental health tips or posters that are a mental health check-in. Then at the end of this poster making session they can hang these up around the school.

Mental Health Morning
a fun relaxing time for HOSA members where they can do different things to take care of their mental health like make a wellness plan.

Penny War
Have each grade compete to see who can collect more pennies to donate, have a fun prize for the winner or just bragging rights!

This year HOSA is Going Beyond All Limits

SUICIDE PREVENTION ACTIVITIES

BREAKING NEWS

Starting this year we will be holding quarterly North Dakota HOSA zoom meeting, where medical professionals from our community will speak about their experiences and address member's questions.